

AVSC Information Evening





Acknowledgement of Country

We would like to acknowledge that the land that we meet on today is the traditional land for Kaurna people, and that we respect their spiritual relationships with their country.

We would like to acknowledge the Kaurna people as the custodians of the lands and waters of the Adelaide region, on which we meet today.

Always was, always will be, Aboriginal land.



Competition Aims

Continue to build the reputation and success of the Brighton Special Interest Volleyball Program by playing an exciting brand of volleyball whilst conducting ourselves in a respectful and professional manner.

Showcase the hard work and dedication of our students and coaches by competing in high-level volleyball matches against the best schools in the country and overseas.

We want each one of our students to get the best out of themselves by the end of the week, whatever that may look like.

Continue to develop important life skills – by always showing respect, humility, and gratitude:

- During match and duty commitments
- BSS support staff
- Bus drivers
- Spectators
- General public

Be humble in victory and gracious in defeat.

What are we competing for?

Whole Program Achievements

- Overall Champion School best 6 results across the school
- Champion Boys School best 4 results from boy's teams
- Champion Girls School best 4 results from girl's teams

Team Achievements

Gold, silver, or bronze medal in the specific divisions









2023 AVSC Champion Boys School

| # | SCHOOL | POINTS |
|----|-------------------------------|--------|
| 1 | Brighton Secondary College | 280 |
| 2 | Kelvin Grove State College | 278 |
| 3 | Craiglsea State High School | 272 |
| 4 | Heathfield High School | 267 |
| 5 | Ryde Secondary College | 266 |
| 6 | Rossmoyne State Senior School | 255 |
| 7 | Sydney Boys High School | 253 |
| 8 | Mazenod College | 252 |
| 9 | Perth Modern School | 246 |
| 10 | Stretton State College | 225 |



2023 AVSC Champion Girls School

| # | SCHOOL | POINTS |
|----|-------------------------------|--------|
| 1 | Brighton Secondary College | 307 |
| 2 | Craiglsea State High School | 300 |
| 3 | Rossmoyne State Senior School | 290 |
| 4 | Caloundra State High School | 275 |
| 5 | Heathfield High School | 270 |
| 6 | Benowa State High School | 266 |
| 7 | Penrhos College | 251 |
| 8 | Rowville Secondary College | 242 |
| 9 | Cleveland District SHS | 242 |
| 10 | Kelvin Grove State College | 238 |

2023 AVSC Overall Champion School

| # | SCHOOL | POIN |
|----|-------------------------------|------|
| 1 | Brighton Secondary College | 593 |
| 2 | Craiglsea State High School | 577 |
| 3 | Rossmoyne State Senior School | 549 |
| 4 | Heathfield High School | 539 |
| 5 | Caloundra State High School | 519 |
| 6 | Kelvin Grove State College | 518 |
| 7 | Cleveland District SHS | 460 |
| 8 | Mazenod College | 456 |
| 9 | Ryde Secondary College | 446 |
| 10 | Rowville Secondary College | 437 |



2023 AVSC Results

Gold Medals



Open Honour Girls 12 Division 2 Girls

Silver Medals



Open Honour Boys Year 11 Honour Girls Year 9 Division 1 Girls Year 7 Division 1 Girls

Bronze Medals

Year 8 Honour Girls



2024 Program Captains



Cooper Strachan

Male SIV Captain



Q'hara Rootman
Female SIV Captain



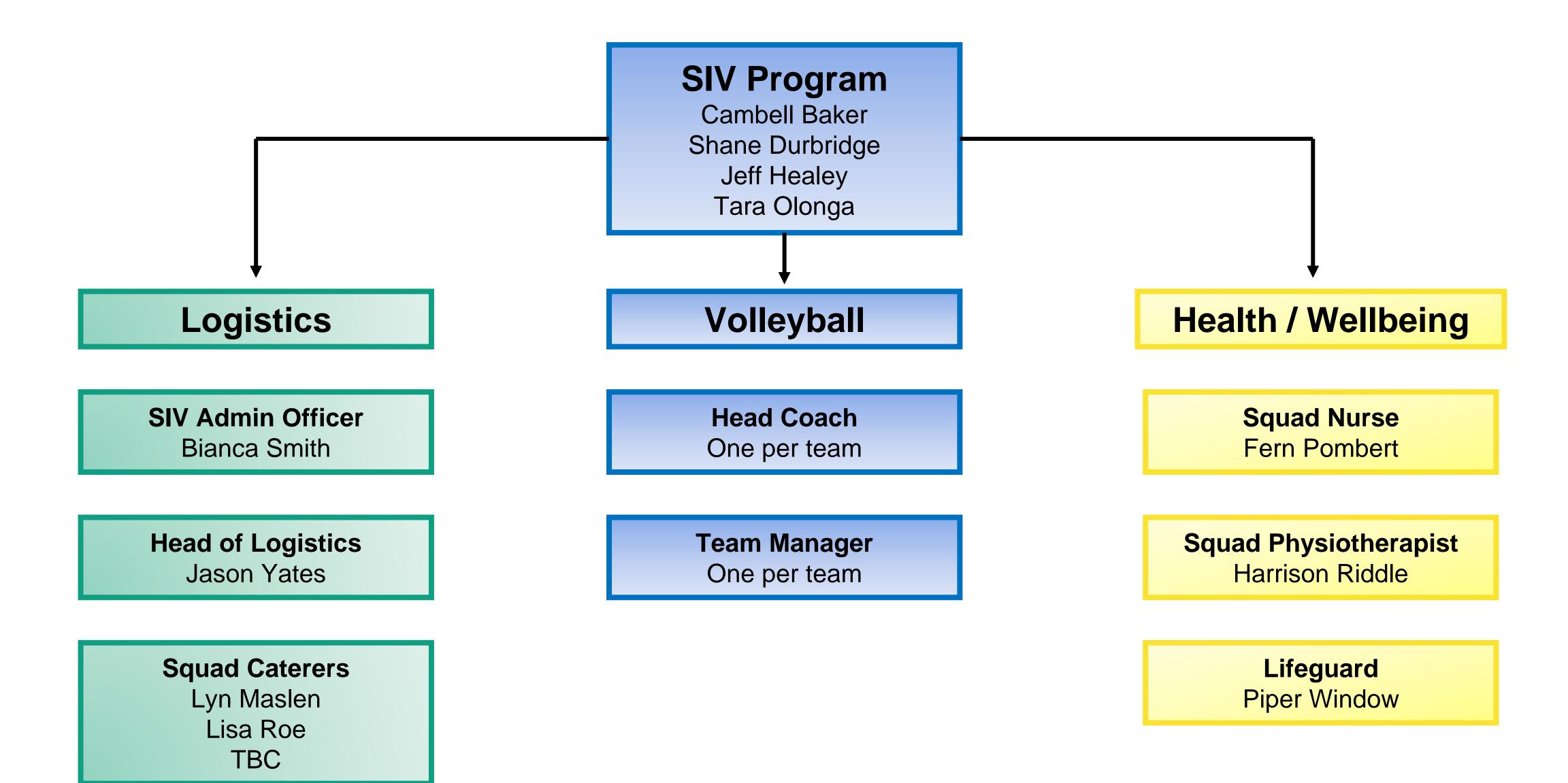
Joel Palmer

Male SIV Vice Captain



Coco Carthy
Female SIV Vice Captain

Staff and Volunteers



Head Coaches & Team Managers

| BOYS | | | |
|-----------------|------------------|---------------------|--|
| Team | Head Coach | Team Manager | |
| 7 Divisional | Mia Earl | Nathan Frick | |
| 8 Divisional | Mitch Poole | Matt Crump | |
| 8 Honours | Joel Wight | James Carter | |
| 9 Divisional | Rebecca Campbell | Sam Scudds | |
| 9 Honours | Tara Olonga | Dick Emery | |
| 10 Divisional 1 | Riley Squire | Sam Giddings | |
| 10 Divisional 2 | Hans Pujalte | Tom McDermott | |
| 10 Honours | Adam Meucke | Nev Maslen | |
| 12 Divisional | Jesse Arthur | Tristan Braithwaite | |
| Open Honours | Shane Durbridge | Grant Mutton | |

| GIRLS | | | |
|---------------|----------------|--------------------|--|
| Team | Head Coach | Team Manager | |
| 7 Divisional | Tayah Zalewski | Abbi Oldfield | |
| 8 Divisional | Lilly Jackson | Faith Brohier | |
| 8 Honours | Matt Fuss | Ella Loy | |
| 9 Divisional | Kayla Oldfield | Cat Wojcik | |
| 9 Honours | Ruby Vanloo | Louella Wallbridge | |
| 10 Divisional | Shae Williams | Georgia Reed | |
| 10 Honours | Cambell Baker | Ashleigh Heinze | |
| 11 Divisional | Dayna Taylor | Izzy Thorpe | |
| 12 Divisional | Nikki Farquar | Laura de Garis | |
| Open Honours | Jeff Healey | Tori Power | |

Squad Physio

Harrison Riddle – PhysioXtra

Harrison is an experienced Sports Physiotherapist who has worked with many Junior and Senior State and National volleyball teams.

He is a Brighton SIV old scholar and was Vice Captain of the Program in 2013.

As an ex-volleyballer he has an excellent understanding of the game and the demands on young athletes' bodies.



Squad Caterers

Lyn Maslen and Lisa Roe

- Oversee breakfast, lunch, and dinner for the entire squad.
- Organise daily fruit, snacks, and fruitbox drinks for teams.
- Organise alternate meal options for those with dietary requirements.

Breakfasts

- Basic cereals and milk
- Bread and spreads

Lunches

- Meat and salad rolls (students make as a team)

Dinners

Rotation of oven, cooktop, or bbq meals (students cook as a team with coach and manager)



Departure Flights – ADL to OOL (GC)

Sunday December 8th

Flight #1

| Flight # | Depart | Arrival |
|----------|--------|---------|
| JQ498 | 8:15am | 10:05am |

Open Hon Girls 12 Div Girls 11 Div Girls

Flight #2

| Flight # | Depart | Arrival |
|----------|--------|---------|
| VA1447 | 8:50am | 10:40am |

| 7 Div. Cirlo |
|----------------|
| 7 Div Girls |
| 8 Hon Girls |
| 8 Div Girls |
| 9 Hon Girls |
| 9 Div Girls |
| 10 Hon Girls |
| 10 Div 1 Girls |
| |
| |
| |
| |

To ensure safety and ratios, where possible entire teams will travel together.

Return Flights – BNE to ADL

Monday December 16th

Flight #1

| Flight # | Depart | Arrival |
|----------|---------|---------|
| VA1394 | 13:05pm | 16:40pm |

| 7 Div Boys | 7 Div Girls |
|------------|-------------|
| 8 Div Boys | 8 Div Girls |

Flight #2

| Flight # | Depart | Arrival |
|----------|---------|---------|
| VA1402 | 17:30pm | 21:00pm |

| 8 Honour Boys | 8 Honour Girls |
|---------------|----------------|
| 9 Honour Boys | 9 Div Boys |

Flight #3

| Flight # | Depart | Arrival |
|----------|---------|---------|
| VA1404 | 18:45pm | 22:00pm |

| 10 Honour Boys | 9 Div Girls |
|------------------|-------------------|
| 10 Div 1 Boys | 9 Honour Girls |
| 10 Div 2 Boys | 10 Honour Girls |
| 12 Div Boys | 10 Div Girls |
| Open Honour Boys | 11 Div Girls |
| | 12 Div Girls |
| | Open Honour Girls |
| | |

Flights

Uniform at the Airport

- To help with ease of identification in a busy airport, students must wear their grey SIV polo with navy shorts / track pants.
- All students must be wearing enclosed footwear.

Luggage

- Luggage Allocation consists of 1 x 20kg checked bag & 7kg carry on
- Please ensure that all personal medication is clearly labelled with the students' name
- We recommend that all personal medication stays in carry on luggage.
- If student has an EpiPen, they must bring two. One is handed to the Team Manager and the
 other must be carried by the student at all times.

Boarding

All students should carry their student ID in case it is required for check in.

Flights

Due to the large number of students travelling together, it is critical that all students and parents understand the following process to ensure safety and duty of care when in airports:

Arrival at Adelaide Airport

Students must check in with their Coach/Team Manager



Once the entire team is together the Coach/Team Manager will support with a group check in



Once the entire team is checked in, they will all go through security together and head to the boarding gate

Return to Adelaide Airport

Once off the plane, students must check in with their Coach/Team Manager and wait until their whole team is together



Once the entire team is together, they will head to baggage collection



Once the student has collected their baggage, a responsible adult must sign them out with the Team Manager

Accommodation

NRMA Treasure Island Holiday Resort

117 Brisbane Rd, Biggera Waters QLD 4216

- Combination of single and two story villas
 - Combination of room/bed configurations
 - Studio 1 x queen, 1 x set of bunks
 - 2 bedroom 1 x queen/king, 2 x sets of bunks
 - 3 bedroom 2 x queen/king, 3 x sets of bunks
- Most teams will be split across 2 villas
- Staff and volunteers are distributed amongst student villas
- Shared laundromat facilities on site
- Swimming pool access
- 600m from major supermarkets



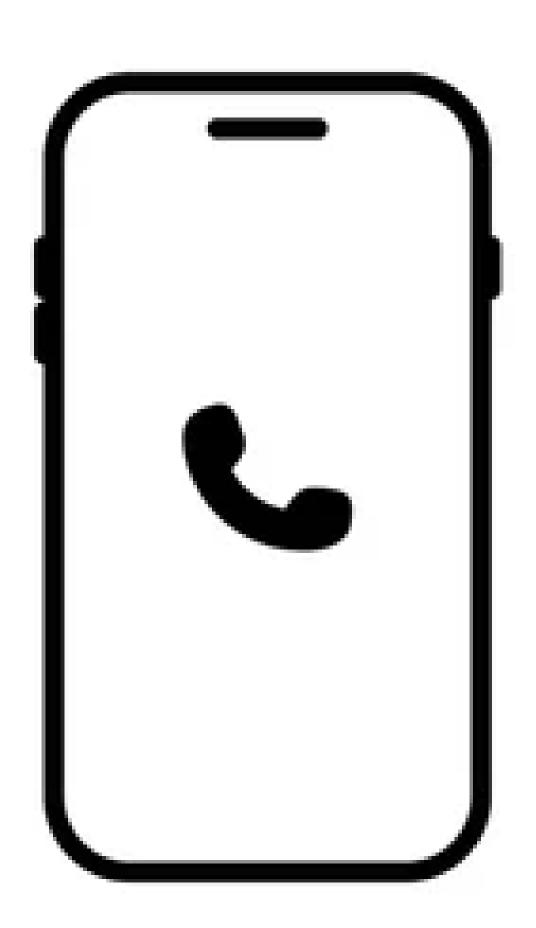


Accommodation Rules & Expectations

- Students <u>cannot</u> enter any villa that does not belong to their team.
- Students can mix and mingle in the common areas of the resort.
- Appropriate clothing for a school event must be worn around the resort at all times.
- Appropriate swim wear for a school event must be worn.
- Students can only access the designated pool facility with their team at the allocated times that our
 qualified lifeguard is present. Swimming Aquatic consent form must be returned.
- Team volleyballs will remain with the coach/manager once at the accommodation.
- Villas are to be kept neat and tidy. Sporadic inspections will occur throughout the trip.
- Team fixtures will dictate the time that students need to be in their villas, and 'lights out'.
- Teams returning after 9:00pm must move around quietly.
- No extra devices are permitted on the trip (extra phones, game consoles, tablets, laptops, etc.)
- Students must remain with the larger school group for the entirety of the trip. Students are not permitted to leave the accommodation or playing venues with any family members.

Mobile Phones

- Department for Education Mobile Phone Policy is required for all school camps and excursions – off and away.
- Students will be required to carry their mobile phones throughout the day for team communication and safety.
- We encourage all students to contact home at least once a day.
- When at the venues, students should be supporting other BSS Teams rather than being on their phones.
- Team Managers will collect all mobile phones at the end of each night and return them in the morning.
- Getting adequate sleep at night is critical for rest, recovery, and performance the next day.



Walkout Singlet





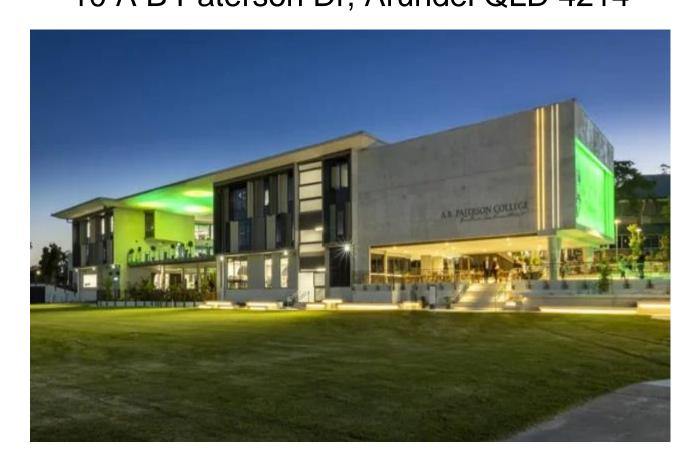
Competition Venues

Carrara Indoor Sports Stadium

296 Nerang Broadbeach Rd, Carrara QLD 4211



A.B. Paterson College
10 A B Paterson Dr, Arundel QLD 4214



Coomera Indoor Sports Centre

35 Beattie Rd, Coomera QLD 4209



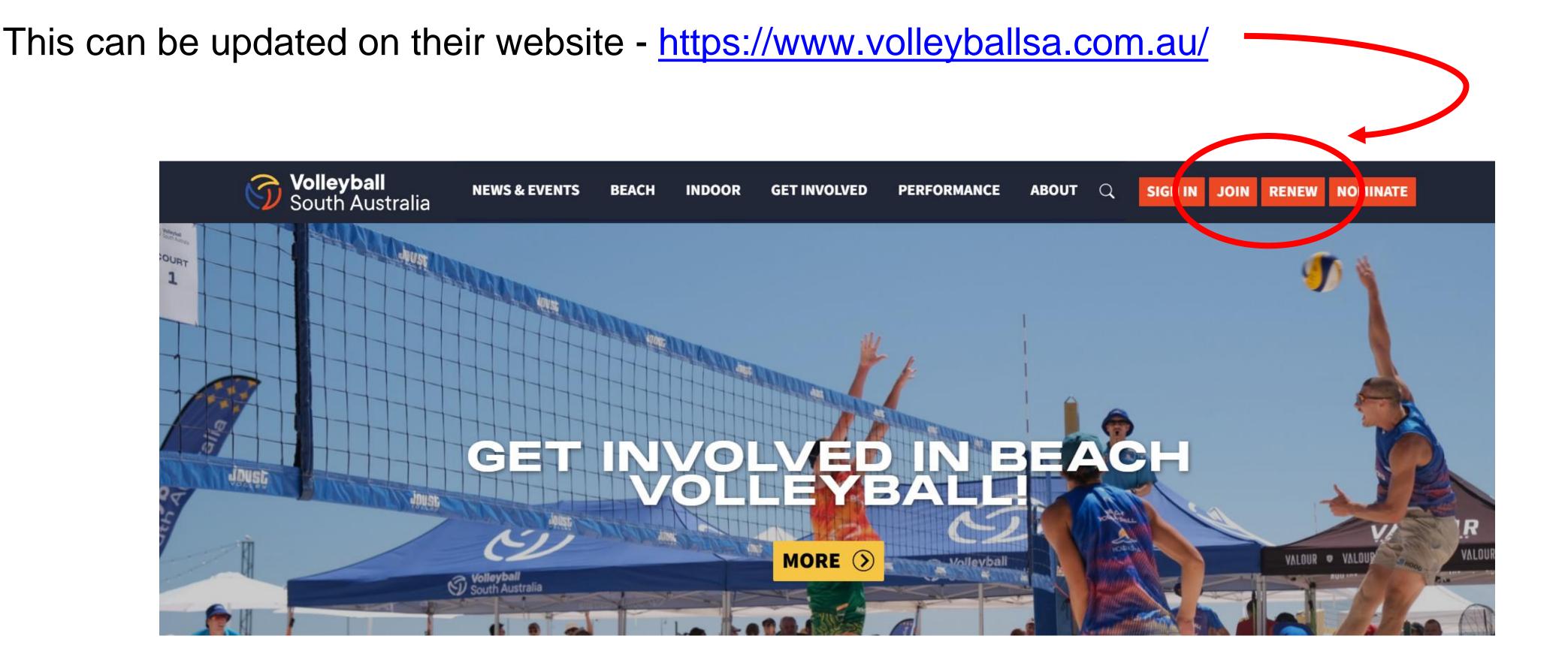
Runaway Bay Indoor Stadium

Sports Dr, Runaway Bay QLD 4216



Competition Requirements

All athletes need to be <u>at least</u> a Full Junior Member with their State Volleyball Association for safety and insurance purposes – Volleyball SA.



Transportation

All bus transport is supplied by charter company, Murray Coaches.

Transportation to Carrara Stadium / A.B. Paterson College

- Loop buses will run from Treasure Island to Carrara Indoor Stadium on the hour
- If teams are scheduled at A.B. Paterson College they will be included on this loop

Transportation to Coomera Stadium / Runaway Bay

- Loop buses will run from Treasure Island to Coomera Indoor Stadium on the hour
- If teams are scheduled at Runaway Bay they will be included on this loop



Team Captains

| Team | Captain | Vice Captain |
|------------------|-----------------------|------------------|
| 7 Div Boys | Jesse Strachan | Max Bartlett |
| 8 Div Boys | Tommy Graham | Harry Pummeroy |
| 8 Honour Boys | Luca Piovesan | Eddie Kerwin |
| 9 Div Boys | Angus Basso | Oscar Palmer |
| 9 Honour Boys | Ryder Cameron-Edwards | Luc Hancock |
| 10 Div 1 Boys | Harvey Ryan | Andrew Kendall |
| 10 Div 2 Boys | Alex Rossanese | Noah Rossanese |
| 10 Honours Boys | Eddy Bennett | Jack Durbridge |
| 12 Div Boys | Joel Palmer | Rithic Pariyarth |
| Open Honour Boys | Finley Bennett | Will Stewart |

| Team | Captain | Vice Captain |
|-------------------|------------------|-------------------|
| 7 Div Girls | Amelie Waters | Pippa Lier |
| 8 Div Girls | Ellie Goldenberg | Ilektra Varanaki |
| 8 Honour Girls | Isla Catt | Isabel Heinze |
| 9 Div Girls | Alissa Whyatt | Gemma Whyatt |
| 9 Honour Girls | Tiegan Bennett | Alannah Kerley |
| 10 Div Girls | Mathilda Todd | Katie Loy |
| 10 Honour Girls | Skylar Strachan | Ella Rohrlach |
| 11 Div Girls | Alva Kirk | Lily-Rose Grinham |
| 12 Div Girls | Q'hara Rootman | Coco Carthy |
| Open Honour Girls | Kaija O'Neill | Paige Jenkinson |

Trip Itinerary – Sunday 8th Dec

Flight #1

6:30am Arrive at airport and check in with Coach/Manager

8:15am Depart Adelaide to Gold Coast (Flight #JQ498)

10:05am Arrival at Gold Coast Airport

10:45am Bus pick up to Gold Coast Harbourtown

2:00pm Begin to shuttle teams of students across to

Treasure Island Resort for Check In

6:00pm Team Dinner - Paella Food Truck

Flight #2

7:00am Arrive at airport and check in with Coach/Manager

8:50am Depart Adelaide to Gold Coast (Flight #VA1447)

10:40am Arrival at Gold Coast Airport

11:20am Bus pick up to Gold Coast Harbourtown

2:30pm Begin to shuttle teams of students across to

Treasure Island Resort for Check In

6:00pm Team Dinner - Paella Food Truck

Open Honour Girls
12 Div Girls
11 Div Girls

Everyone else

Trip Itinerary – Monday 9th Dec

Morning will be free for team bonding activities, meetings, etc.

12:00pm Lunch at Treasure Island Resort

2:00pm Bus pick up to Carrara Stadium for training

3:00pm Team Training (3:00pm – 4:00pm)

4:00pm Prepare for Opening Ceremony (wearing walkout singlets)

5:00pm Opening Ceremony

6:30pm Some teams will be required to play night matches

6:30pm Remaining teams will return to Treasure Island for dinner

Trip Itinerary — Tues 10th Dec – Sat 14th Dec

- Follow division fixtures to complete:
 - Matches
 - Duty Commitments
- Support other Brighton Secondary School Teams
- Ensure appropriate hydration, rest, and recovery pool
- Incorporation of fun team dynamic activities



Trip Itinerary – Sunday 15th Dec

TBC Finals matches

6:00pm Closing Ceremony

7:00pm Bus pick up to Southport Sharks for Whole Squad Dinner and Year 12 Farewell

10:00pm Return to Treasure Island Resort and prepare for departure the following morning





Trip Itinerary – Monday 16th Dec

Flight #1

9:30am Bus pick up to Brisbane Airport

11:00am Arrive at Brisbane Airport and check in

1:05pm Depart Brisbane to Adelaide (Flight #VA1394)

4:40pm Arrival at Adelaide Airport

Teams, Coaches, & Managers

7 Div Boys 7 Div Girls 8 Div Boys 8 Div Girls

Trip Itinerary – Monday 16th Dec

Flight #2

10:00am Bus pick up to DFO Brisbane

11:30am Arrive at DFO Brisbane

3:15pm Bus pick up to Brisbane Airport

3:30pm Arrive at Brisbane Airport and check in

5:30pm Depart Brisbane to Adelaide (Flight #VA1402)

9:00pm Arrival at Adelaide Airport

Teams, Coaches, & Managers

8 Honour Boys8 Honour Girls9 Honour Boys9 Div Boys

Trip Itinerary – Monday 16th Dec

Flight #3

10:00am Bus pick up to DFO Brisbane

11:30am Arrive at DFO Brisbane

4:00pm Bus pick up to Brisbane Airport

4:15pm Arrive at Brisbane Airport and check in

6:45pm Depart Brisbane to Adelaide (Flight #VA1404)

10:00pm Arrival at Adelaide Airport

Teams, Coaches, & Managers

9 Div Girls

9 Honour Girls

10 Div 1 Boys

10 Div 2 Boys

10 Honour Boys

10 Div Girls

10 Honour Girls

11 Div Girls

12 Div Girls

12 Div Boys

Open Honour Girls

Open Honour Boys

Court Time & Competition Expectations

Honours Teams

- All Honours matches are a best of 5 set format.
- Focus on playing our best brand of volleyball possible for results for the Overall Champion School Trophy.
- Players will take on different roles/positions within the team, some of which may not result in the same amount of court time.
- Coaches can still manipulate rotations to ensure good spread of court time across the tournament

Divisional Teams

- All Divisional matches are a best of 5 set format to a 70-minute time limit.
- Coaches will endeavour to give all players relatively equal court time across the entire tournament.
- If playing in a medal match, coaches may use a rotation of players who are performing best at the time.

All players

- Whilst on the bench, all players are expected to be positive and supportive team members, ready to get on the court at any time and perform.
- If a player comes off the court with what is expected to be a significant injury, they will not be allowed back onto the court until they have seen the squad physio or equivalent first aid person.
- If a player comes off the court because they are emotionally overwhelmed, they will not be allowed back onto the court until they have deescalated and had a conversation with their coach and/or manager.

Match Safety

- Students should all be wearing knee pads to the preservation and longevity of healthy knees.
- We encourage students to consider ankle braces, particularly those who have a history of ankle injuries.
- Wear footwear that is appropriate and supportive for court sports.



Trip Agreement

On Court Student Expectations

- Contribute to the team goals by performing your role to the best of your ability.
- Be humble in victory and gracious in defeat.
- The order of personal priorities should be (1) The SIV Program (2) The Team (3) The Individual.

Off Court Expectations

- Follow the rules and instructions of all staff and support volunteers.
- Abide by the rules of the accommodation and all playing venues.
- There will be zero tolerance of any student found in another team's room.
- No purchase, possession, and/or use of e-cigarettes, cigarettes, alcohol, or other items deemed as inappropriate by school staff during the trip.

Possible Consequences:

- Loss of privileges on the trip.
- Loss of court time during competitions.
- The student is collected or sent home to Adelaide at the parent/caregivers' expense.
- The student is put on SIV probation for the following year.
- Any consequences as determined by the school's administration including suspension/exclusion from school.

Medical Forms and Treatment

- All medical forms must be completed and signed before your child can leave.
- Information should include any prescription medication and dietary requirements.
- We will keep all medical forms at the accommodation and if necessary, will be shared with medical facilities.
- In the event that a student requires medical attention, we will make contact with at least one family contact and keep them informed with updates.
- If a student needs to travel home via alternate transport options due to medical reasons, this
 cost will be covered by the parents/caregivers.
- Insurance is not covered by the school.
- Squad Physiotherapist Harrison Riddle
- Squad Nurse Fern Pombert

Fixtures and Results

All fixtures and results will be posted on the 'AusVolley' app

Free download on Apple App Store or Google Play

Fixtures aren't usually released until a week or two before the tournament starts

Second half of the week will depend on the outcome of the first few day's results



AusVolley

Team Group Chats

Coaches will create a group chat through 'WhatsApp'.

Coaches will add SIV Admin and students to the group. Students can then add parent numbers to the chat.

Chat should be used by coaches for communicating team specific information – trainings, fixtures, updates, etc.

Chat should be used by parents to ask any team specific questions.

Please do not ask personal questions in the chat!



WhatsApp

Trip Payments

Reminder:

Full payment due Friday 22nd November

If you have any Finance questions, please contact our Finance Team directly.

AVSC Team Trainings

Team trainings will finish the week of Monday 25th November

(end of Week 7)

We hope you can make it – siblings and parents/caregivers of SIV students are welcome! (free ice

blocks, soft drinks, nibbles, door prizes & lawn bowls)





Thermomix Raffle – share with family and friends & help us sell out! Less than 35 tickets left!







Thank you for your attendance!

