

Living with Young People

The teenage years bring a new stage in your child's development and many changes for the whole family...

Living with Young People is a **FREE** workshop that helps you as parents and caregivers build an understanding of your teenager and their healthy development.

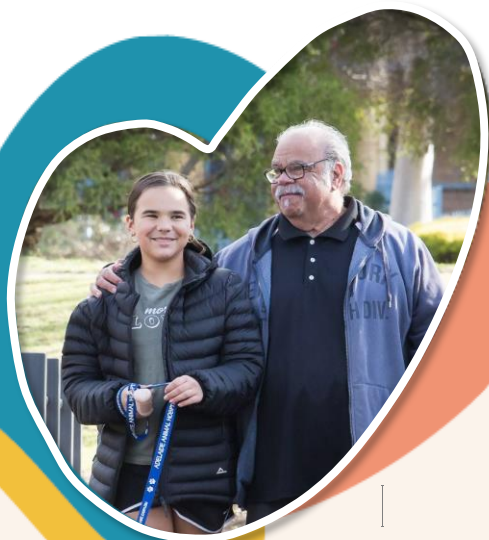
Our workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations.

Topics to support your parenting include:

- 🔗 About young people
- 🔗 Adolescent development
- 🔗 What parents can do to support their young person
- 🔗 What about conflict?
- 🔗 A positive approach to guiding behaviour

Our workshops are based on the latest parenting research and use information from **Parenting SA**.

**Light Refreshments
(Bookings essential)**



Where: Headspace Marion
233 Sturt Rd, Marion SA 5043

When: Part 1 – Tuesday 18th June 2024
Part 2 – Tuesday 25th June 2024
Part 3 - Tuesday 2nd July

Time: 5.30pm – 7.30pm

To book: Scan the QR code:



**Everyone is welcome,
bookings essential.**

Please arrive 10 minutes early to register.

Delivered by the Department of Human Services.



Government
of South Australia

Department of Human Services